

## DOCUMENT RESUME

ED 380 456

SP 035 857

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TITLE Student Assistance Programs: The Emerging Role of Schools.  
PUB DATE 23 Feb 95  
NOTE 13p.; Paper presented at the Annual Meeting of the Association of Teacher Educators (75th, Detroit, MI, February 18-22, 1995). Flowchart contains broken print.  
PUB TYPE Reports - Descriptive (141) -- Speeches/Conference Papers (150)  
EDRS PRICE MF01/PC01 Plus Postage.  
DESCRIPTORS \*Administrator Role; Agency Cooperation; At Risk Persons; Demonstration Programs; \*Dropout Prevention; Elementary Secondary Education; Models; Program Descriptions; \*School Districts; \*School Role; Student Needs; \*Teacher Role  
IDENTIFIERS \*Student Assistance Programs

## ABSTRACT

This document presents information on the Blue Springs School District's Student Assistance Program (SAP) designed to address the social and family issues that affect students' academic performance. The Blue Springs SAP began in fall 1986, evolved rapidly, and in 1992 was in 18 building sites. In 1994 the program developed links with the Blue Springs Police Department and the district's Student Assistance Program. In 1993-94 the program processed over 700 referrals on students. The Blue Springs program received the National Organization of Student Assistance Program and Partners State award in 1994 and was nominated for national recognition. Lists and charts, which comprise more than half the paper, provide information on: characteristics associated with students at-risk for dropping out; program components; the School District's Student Assistance Program model (CHOICES); behavioral referral process flow chart; team member positions in buildings; and responsibilities of central office administration, building level administration, and classroom teachers. (JB)

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## **STUDENT ASSISTANCE PROGRAMS: THE EMERGING ROLE OF SCHOOLS**

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National Conference

Detroit, MI

February 17-23, 1995

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## **Student Assistance Programs - The Emerging Role of Schools**

School-based programs that deal with the social and family issues of youth experienced rapid growth in the last decade. Educators have realized that student learning is greatly affected by many outside influences. Research indicates an increase in the percentage of students who enter school at poverty level or from non-traditional settings. Hodgkinson (1985) interprets consensus data and concludes that 59 percent of all children born in 1983 will live with only one parent before reaching age 18. Hodgkinson (1991) further reports that the feminization of poverty is also a contributing factor to the change in the family structure. Twenty-three percent of America's smallest children (birth to Age 5) live in poverty, the highest rate of any industrialized nation.

Concomitantly with the change in family structure has been an increase in violence portrayed in the media and entering the schools. A recent study by Asmussen (1992) revealed that no community is immune to violence. It was further inferred that any type of disturbance should be an opportunity for creating a more positive school climate. However, in a study by Boothe (1993) responses from 1,216 school administrators revealed that although they acknowledged increasing violence in schools, most executive feel that the violence is happening in someone else's backyard.

Data on increasing poverty, diversity, and violence in the schools is reason enough to develop school-based programs to assist youth. But these are not the only problems youth face in today's society. Tobacco, alcohol, and other drugs are influences that have been with youth for many years. They are still of prime concern to society. The last twenty years have seen increases in non-traditional families with in turn raises concerns about childcare in general. In summary, the youth of today face unique issues in their development.

Student assistance programs (SAP) have emerged in many schools as a system to address the aforementioned problems. The Blue Springs R-IV School District implemented a student assistance program in the fall of 1986. The program evolved rapidly as the response was overwhelming. By 1992, all eighteen building sites had an operational SAP. In 1994, the system evolved further as a formal system linking the Blue Springs Police Department and the School District's Student Assistance Program (CHOICES). In a suburban district of 12,000 students, the 1993-94 school year resulted in processing over 700 referrals on students. Of these 700, 64 were networked to professional mental health agencies.

The purpose of this presentation is to provide educators with the rationale for and a model of a working student assistance program. The Blue Springs model received the National Organization of Student

Assistance Program and Partners State award in 1994 and was nominated for national recognition. The model provides a referral/intervention process and guidelines for creating site-based teams.

At the conclusion of the presentation participants will: 1) have a clear understanding of the need for student assistance programs, 2) be able to describe the six components of a comprehensive SAP and, 3) understand the role of a SAP in enhancing the school environment.

### References

Assmussen, Kelly Jay. (1992). Weapons possessions in public high schools. National Safety Center Newsjournal. Fall 1992. 28-30.

Booth, James W. & others. (1993). The violence at your door. The Executive Educator, 15, 1, 16-22.

Hodgkinson, H.L. (1985). One system: Demographics of education, kindergarten through graduate school. Washing D.C.: Institute for Educational Leadership. (ERIC Reproduction Service No. ED 261 101).

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# **Characteristics Associated with Student At-Risk for Dropping Out of School**

<b>Characteristics</b>	<b>Classification</b>	<b>Categories</b>
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## **EDUCATION-RELATED**

Age - 2 years or older than classmates  
Grade Retention - 1 or more years behind classmates  
Grade Point Average - record of poor or failing grades  
Poor Reading and/or Math Ability  
Poor School Attendance  
Low Involvement in School's Extracurricular Activities  
Low Interest in School  
Discipline Problems - referrals, suspensions, expulsions

## **FAMILY-RELATED**

Low Education Attainment Level of Mother and/or Father  
Father Not Present in the Home  
Family Size - 3 or more siblings living at home  
Low-Skilled Occupations of Mother and/or Father  
Home Environment - living in an abusive home

## **SOCIOECONOMIC-RELATED**

Low Income Household - qualify for free/reduced lunch program  
Student Employment - over 15 hours per week  
High Mobility - frequent changes in residence and in school attended

## **SOCIAL & PSYCHOLOGICAL-RELATED**

Lower Intelligence - I.Q. score below 90  
Minority Ethnic Group - Black, Hispanic, American Indian  
Home Environment - living in an abusive home  
Poor Self-Image  
Hostile Toward or Not Accepting Authority  
Learning Disability  
Limited English Language Proficiency

Source: Research results summarized by Belcher and Hatley (1993) from literature reviewed for 1965-1992.

## COMPONENTS OF THE STUDENT PROGRAM

1. **PREVENTION** - services, education, and activities which promote, support, and reinforce healthy lifestyles among students.
2. **IDENTIFICATION** of students whose problems are disruptive or inhibiting their educational process and performance and that of others.
3. **INTERVENTION** which will include requested action where warranted to motivate the referred student and family to seek help when needed.
4. **ASSESSMENT** of the nature and severity of the problem. (The Professional/Clinical assessment takes place off of school grounds at the agency of choice determined by the family and is free of service.)
5. **REFERRALS** through appropriate systems and resource agencies.
6. **SUPPORT** to encourage and devise methods that reduce destructive behaviors and encourage healthy lifestyle choices. (This includes support groups, buddy systems, curriculum adjustments in scheduling, needs determined by the Care Teams within the schools and with the School Coordinators and Administrators, etc.)
7. **FOLLOW THROUGH** is crucial even if a student is under professional care, due to exhibited observable behavior data within the school environment which establishes a current need. If already in outside agency care - a team approach will ensue.

## STUDENT ASSISTANCE PROGRAM MODEL

### CHOICES

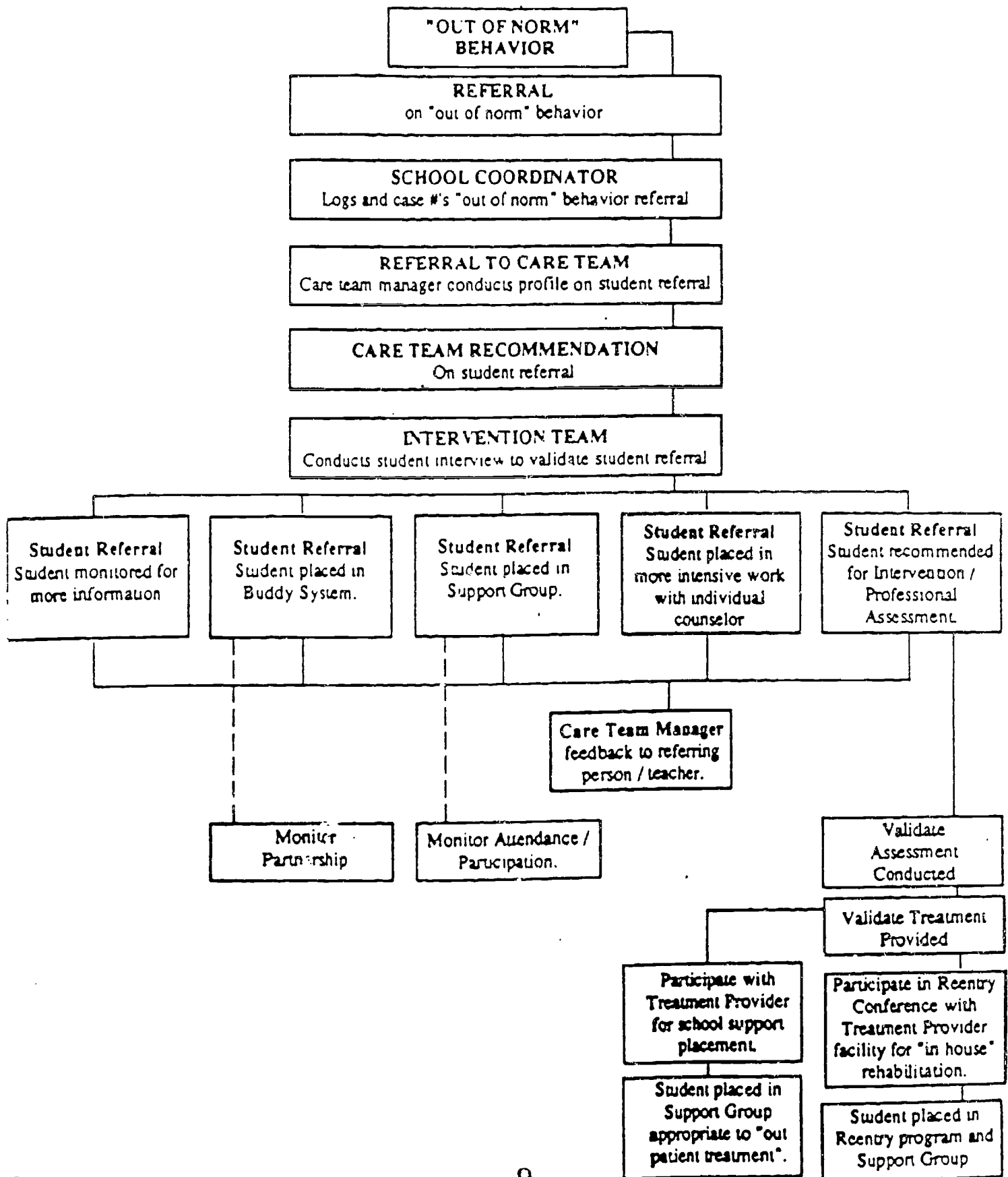
The CHOICES program is a comprehensive student assistance program which:

1. Functions Kindergarten through 12th Grade
2. Initiates and maintains an effective partnership of the school, the community, the family and the student working together for the benefit and education of all.
3. Provides a forum for the discussion and potential resolution of issues recognized by the National Association of School Principals some of which are:
  - Substance/Chemical Abuse
  - Teen Pregnancy
  - Suicide
  - Dropout/Truancy Rates
  - Vandalism
  - Grief Recovery
  - Violence and Gangs
4. Provides services and support to young people who exhibit a wide range of problematic issues through policy-based programs of prevention, education, referral, support, intervention, and resource systems.
5. Promotes healthy lifestyle choices by addressing critical issues in a proactive way.
6. Provides pervasive caring through intentional assistance in response to observable data to which today's children exhibit in their school environment.
7. Provides an atmosphere of acceptance for students and staff to work through processing issues of personal struggle or pain towards resolution.
8. Empowers people to take charge of their lives, to develop pro-social skills that allow them to participate, to prioritize, to negotiate, to set realistic goals, to withdraw with dignity, to seek advice when needed, and to recognize limits.
9. Is plan oriented with options discussed and a team approach used toward resolution.



# CHOICES STUDENT ASSISTANCE PROGRAM

## Behavioral Referral Process Flow Chart



# TEAM MEMBER POSITIONS WITHIN BUILDINGS

## School Coordinator (1)

Coordinates all building processes, holds ultimate responsibility

## Care Team Chairman (1)

Coordinates Care Team and Follow Up Placement

## Care Team Members (9)

Becomes the case manager for Referrals

- (1) 1 year term
- (1) 1 year term
- (1) 1 year term
- (1) 2 year term
- (1) 2 year term
- (1) 2 year term
- (1) 3 year term
- (1) 3 year term
- (1) 3 year term

Elementary teams have 2 - 1 year terms, 2 - 2 year terms, and 2 - 3 year terms.

## Intervention Teams (3 or 4)

Conduct students interviews and meet with families in Intervention Process

- (1) Automatic is School Coordinator
- (1) Automatic is Care Team Chairman
- (1) Intervention Team Member
- (1) Intervention Team Member

## Support Group Leaders Chairman (1)

(should be a support group leader)

Coordinates needs of Support Group Leaders through the Care Team Chairman and the School Coordinator. Helps other support group leaders develop ideas, secure attendance, etc.

## Support Group Leaders (# as needed)

Conducts support group

## Buddy System Chairman (1)

Coordinates needs of Buddy Teachers through the Care Team Chairmen and the School Coordinator. Helps other Buddy Teachers develop ideas for working with kids.

## Buddy Teachers (# as needed)

Becomes "significant other" in a child's life and is a partner with them.

Principals and counselors are ex officio members of all teams and may indicate where and how they would like to participate.

## **Central Office Administration**

- \* Portrays schools as a caring place for all children
- \* Prevents negative reactions to crisis situations.
- \* Increases average daily attendance.
- \* Form healthy partnerships with mental health providers and churches.
- \* A decrease of discipline appeals to central office.
- \* Most student assistance programs can be supported by grants and community partnerships.
- \* Avenue to direct parents who are concerned about drug use in the schools.
- \* SAPs are avenues to infuse curricula with prevention and healthy lifestyles information.

## **Building Level Administration**

- \* Provides alternative remedy to discipline problems.
- \* Discipline no longer viewed as a punitive action.
- \* Addresses many behavioral problems in respects to instuction and learning.
- \* Allows school to work with parents not against.
- \* A preventive program for classroom discipline.
- \* Increases teacher's awareness of student at-risk issues.
- \* Allows student's to view the school as a friendly place.

## **Classroom Teacher**

- \* Provides for a Generalist focus
- \* Creates a more client - centered focus
- \* Promotes the professional role of a teacher
- \* Creates a more global understanding of youth
- \* Provides a system for dealing atypical behaviors